

Dear ,

Did you know that Ontario is home to the birthplace of insulin? Did you know that 1 in 4 Canadians living with diabetes struggles to afford the devices and drugs they need to survive?

As a (friend, family member of a) person living with diabetes, I know firsthand the benefits that real-time continuous glucose monitors (rtCGMs) have. I have seen their ability to monitor (their) my glucose levels in real-time and how that allows (them) me to contribute to (their) my work and community to the best of (their) my abilities. It also helps (them) me better self-manage (their) my diabetes at home and prevents emergency incidents. In fact, I invite you to read a recently published article highlighting the significant role rtCGMs play in diabetes management. You can read more about it at: healthydebate.ca . I encourage you to do so.

I am reaching out to you today regarding the need for expanded access to rtCGMs, recognizing Diabetes Canada put forth a [policy statement](#) on this topic in November 2021 given the totality of available evidence showing this technology to be transformative for many people living with diabetes. We need a comprehensive and fully funded diabetes framework.

Like too many across the province (my friend/family member) I do not have access to rtCGMs.

In fact, right now in Ontario, the people who could benefit from a rtCGM are unable to access it through the ADP program due to the restrictive eligibility criteria. That means most Ontarians are not able to use this life saving technology that is widely recognized as the standard of care for people living with diabetes and using insulin. Jurisdictions across Canada are making considerable progress in improving access to coverage for CGMs, some like Manitoba now removing the need for government pre-approval and counting on the pharmacists to do an insulin claims check.

I am calling on you to speak up for Ontarians living with diabetes and ask that you demand those reliant on insulin have access to this life-changing technology when they need it. This is an important way to save the lives of Ontarians living with diabetes and has benefits to Ontario's health system.

There is a better outcome than the current situation for those living with diabetes, in Ontario, and I am happy to collaborate with you to make that a reality.

Sincerely,